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# Connect & Play

A practical and safe place for parents / carers' to meet and chat with other parents/ carers who support a child with additional needs

Your child may be going through or received a diagnosis recently or simply be seeking further information & looking for advise, support and resources to support you



Chat to other parent / carers

See and chat about resources and services available

Chat to CDHT's family support worker

An opportunity for children with additional needs to also come and play with sensory toys / equipment including a sensory tent

Tea, coffee and biscuits free of charge

**Organised by—Parent / Carers & The Childrens Disability Health Team (CDHT) - E-bost/Email: [ceredigionCDHT.HDD@wales.nhs.uk](mailto:ceredigionCDHT.HDD@wales.nhs.uk)**

**Venue— Penparcau Community Forum,  
Penparcau, Aberystwyth,  
Ceredigion, SY23 1RU— Parking available opposite.**

**Every Monday Morning—starting from 14th of November 930—11am**